

# Catch My Breath

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**Count:** 32    **Wall:** 2    **Level:** Lower Intermediate  
**Choreographer:** Mark Furnell (England) Nov 2012  
**Music:** Catch My Breath by Kelly Clarkson (Available on iTunes and Amazon)

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## STOMP, HOLD, BALL STEP TOUCH. TURN, TURN, COASTER STEP

1,2 Stomp Rt to Rt, Hold  
 &3,4 Step Lt to Rt, step Rt to Rt, Touch Lt to Rt  
 5-6 Step Lt to Lt making  $\frac{1}{4}$  turn Lt, Step back Rt making  $\frac{1}{2}$  turn Lt.  
 7&8 Step back Lt, Close Rt to Lt, Step fwd Lt

## STOMP, HOLD, BALL STEP TAP, AND TOUCH AND KICK AND TOUCH AND KICK

1-2 Stomp Fwd Rt, Hold  
 &3-4 Step Lt to Rt, Step Rt Fwd, Tap Lt toe behind Rt  
 &5-6 Step Down on Lt, Touch Rt toe across Lt bending Lt knee, Kick Rt Fwd,  
 &7-8 Step back Rt, touch Lt toe across Rt bending Rt knee, Kick Lt Fwd.

## COASTER STEP, SHUFFLE, ROCK STEP, SHUFFLE TURN.

1&2 Step back on Lt, Close Rt to Lt, Step fwd on Lt  
 3&4 Step Fwd Rt, Close Lt to Rt, Step Fwd Rt  
 5, 6 Rock Fwd Lt, Replace Rt,  
 7&8 Step Lt to Lt making  $\frac{1}{4}$  turn Lt, Close Rt to Lt, Step Lt to Lt making  $\frac{1}{4}$  turn Lt.

## ROCK TURN, BEHIND SIDE CROSS, ROCK STEP, TRIPLE WHOLE TURN

1,2 Rock Rt to Rt making  $\frac{1}{4}$  turn Lt, Replace Lt,  
 3&4 Step Rt behind Lt. Step Lt to Lt, Step Rt over Lt  
 5,6 Rock Lt to Lt, Replace Rt  
 7&8 Triple whole turn left, Stepping Lt, Rt Lt.

Happy Dancing....

Ps .....No Tags or Restarts ~~~~~